

If you had to travel at least 40 kilometres one way from your home to obtain medical services, you may be able to claim the public transportation expenses, or vehicle expenses if public transportation is unavailable. To claim these expenses based on the simplified method, please indicate how many kilometers you travelled one way to obtain medical services. If you would like to claim this expense based on the detailed method, please write your total expenses for each trip below and attach the receipts to this sheet.

KILOMETERS TRAVELLED FOR MEDICAL PURPOSES

Description of expense	Date	Name of doctor/purpose of trip	KM travelled
Total KM			
Rate			
Total expense			

If you had to travel at least 80 kilometres one way from your home to obtain medical services, you may be able to claim accommodation, meal, and parking expenses in addition to your transportation expenses as medical expenses. To claim these expenses based on the simplified method, please indicate how many kilometers you travelled and the number of meals claimed (max 3/day). If you would like to claim this expense based on the detailed method, please indicate how many kilometers you traveled, record your total expenses for each trip, and attach the receipts to this sheet.

MEALS INCURRED FOR MEDICAL PURPOSES

Description of expense	Date	Vendor/purpose of trip	\$ amount or number of meals
Total =			

- To claim transportation and travel expenses, the following conditions must be met:
- » substantially equivalent medical services were not available near your home
 - » you took a reasonably direct travelling route
 - » it is reasonable, under the circumstances, for you to have travelled to the place for the medical services